

Senate Concurrent Resolution

No. 64

Introduced by Senator Romero

(Coauthors: Assembly Members Adams, Ammiano, Anderson, Arambula, Bass, Beall, Bill Berryhill, Tom Berryhill, Blakeslee, Block, Blumenfield, Bradford, Brownley, Buchanan, Caballero, Charles Calderon, Chesbro, Conway, Cook, Coto, Davis, De La Torre, De Leon, DeVore, Emmerson, Eng, Evans, Feuer, Fletcher, Fong, Fuentes, Fuller, Furutani, Gaines, Galgiani, Garrick, Gilmore, Hagman, Hall, Harkey, Hayashi, Hernandez, Hill, Huber, Huffman, Jeffries, Jones, Knight, Logue, Bonnie Lowenthal, Ma, Miller, Monning, Nava, Nestande, Niello, Nielsen, Norby, V. Manuel Perez, Portantino, Ruskin, Salas, Saldana, Silva, Skinner, Smyth, Solorio, Audra Strickland, Swanson, Torlakson, Torres, Torrico, Tran, Villines, and Yamada)

January 20, 2010

Senate Concurrent Resolution No. 64—Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL'S DIGEST

SCR 64, as amended, Romero. American Heart Month and Wear Red Day.

This measure would recognize the month of February 2010 as American Heart Month in California, would recognize February 4, 2010, as Wear Red Day in California, and would urge public support for Go Red for Women events.

Fiscal committee: no.

1 WHEREAS, Diseases of the heart are the leading cause of death
2 and stroke and is the third leading cause of death in California and
3 the United States; and

4 WHEREAS, In 2009, the direct and indirect costs of
5 cardiovascular disease and stroke in the United States is estimated
6 to be \$503.2 billion; and

7 WHEREAS, Cardiovascular diseases claim the lives of over
8 460,000 American women each year, approximately one death per
9 minute; and

10 WHEREAS, Each year, 53 percent of all cardiovascular disease
11 and 61 percent of stroke deaths occur in women; and

12 WHEREAS, More women die of cardiovascular disease than
13 the next five leading causes of death combined, including all
14 cancers; and

15 WHEREAS, Only 21 percent of women perceive heart disease
16 as their greatest risk; and

17 WHEREAS, The American Heart Association is committed to
18 conducting and supporting medical research that advances
19 knowledge in the areas of prevention and treatment of heart disease
20 and stroke; and

21 WHEREAS, The American Heart Association strives to inform
22 all citizens about the critical importance of tools and skills that
23 will increase the survival rate of men and women from heart disease
24 and stroke; and

25 WHEREAS, February is designated as American Heart Month
26 and the American Heart Association will encourage citizens to
27 learn the warning signs and risk factors of heart disease and stroke;
28 and

29 WHEREAS, Go Red for Women is the American Heart
30 Association's national call to increase awareness of heart disease,
31 the leading cause of death for women, and to inspire women to
32 take charge of their heart health; and

33 WHEREAS, All women should learn their own personal risk
34 for heart disease, using tools like the American Heart Association's
35 Go Red for Women Heart Checkup, and by talking to their health
36 care provider; and

37 WHEREAS, By choosing to Speak Up about heart disease we
38 can save lives using the power of our own voices; and

1 WHEREAS, Making the right choices relating to proper
2 nutrition, physical activity, doctor visits, and other lifestyle
3 methods is essential to living a heart healthy life; and

4 WHEREAS, Wear Red Day is recognized nationwide each year
5 to highlight the Go Red for Women campaign; now, therefore, be
6 it

7 *Resolved, by the Senate of the State of California, the Assembly*
8 *thereof concurring*, That the Legislature recognizes the month of
9 February 2010 as American Heart Month in California in order to
10 raise awareness of the importance of the ongoing fight against
11 heart disease and stroke; and be it further

12 *Resolved*, That the Legislature recognizes February 4, 2010, as
13 Wear Red Day in California, and urges all citizens to show their
14 support for women and the fight against heart disease by
15 commemorating this day by wearing the color red; and be it further

16 *Resolved*, That the Legislature urges public support for Go Red
17 for Women events planned in California during American Heart
18 Month; and be it further

19 *Resolved*, That the Secretary of the Senate transmit copies of
20 this resolution to the author for appropriate distribution.